

**American Yacht Club Optimist Invitational
July 27, 2019**

**Open to: Area B Optimist sailors
Qualifier for: JSA Optimist Championship**

Organizing Authority: American Yacht Club (AYC), 499 Stuyvesant Ave, Rye, NY 10580

SAILING INSTRUCTIONS

PC – Protest Committee	RC – Race Committee
OA – Organizing Authority	SI – Sailing Instructions
RRS – Racing Rules of Sailing	JSA – Junior Sailing Association of LIS
NOR – Notice of Race	

1 RULES

- 1.1 The regatta will be governed by:
 - a) the rules as defined in the Racing Rules of Sailing (RRS)
 - b) Optimist Class Rules
 - c) The [Rules for JSA of LIS \(JSA\) Events](#),
 - d) JSA Code of Conduct
 - e) US Sailing [SafeSport Handbook](#)
- 1.2 The following RRS optional rules will apply:
 - a) Appendix T, Arbitration will apply.
 - b) Appendix V1 Penalty at the Time of an Incident, and Appendix V2 Penalty Taken After a Race, will apply.
- 1.3 Racing Rules of Sailing (RRS) listed below are changed as follows.
 - a) RRS 61.1(a) is changed so that “A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, without consultation with instructors, coaches or support persons, including (if possible) the boat identification number of the boat(s) being protested.”
 - b) Rule 60.2 is changed to permit the race committee to protest a boat when, from its own observation or a report received from any source, it believes that a competitor may have committed a breach of sportsmanship the RRS or the Rules for JSA Events.

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2. NOTICES TO COMPETITORS

Notices will be posted on the official regatta notice board located on the front porch of the AYC Clubhouse.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the sailing instructions will be posted no fewer than 30 minutes before the harbor start on the day the changes take effect.
- 3.2. Any change in the harbor start or first warning signal will be posted no later than 1800 on Friday, July 26, 2019.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the race committee boat.
- 4.2. The harbor start will be signaled by one long sound as the race committee leaves the dock. No boat shall sail past the AYC main dock until the harbor start has been signaled.
- 4.3. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5. SCHEDULE OF RACES

- 5.1. The race committee will run as many races as reasonably possible.
- 5.2. The racing schedule is as follows:

Time	Activity	Location
0830-1000	Registration	Clubhouse front porch
0830-1000	Self-equipment check	Dry-sail area
1015	Competitors Meeting	Front lawn near flagpole
1030	Instructors Meeting	Front lawn near flagpole
1045	Harbor Start	
1130	First Warning Signal	
Between races	Lunch	On the water
Following racing	Snacks and awards	Front lawn near flagpole

- 5.3. Flag A displayed, with no sound, while boats are finishing means 'No more racing today.'
- 5.4. No warning signal will be made after 1630.

6. CLASS FLAGS

The class flags will be a red flag for the Red Fleet; a blue flag for the Blue Fleet; and a white flag for the White Fleet. Boats shall display a streamer of the appropriate fleet color from the top of their sprit pole at all times while racing.

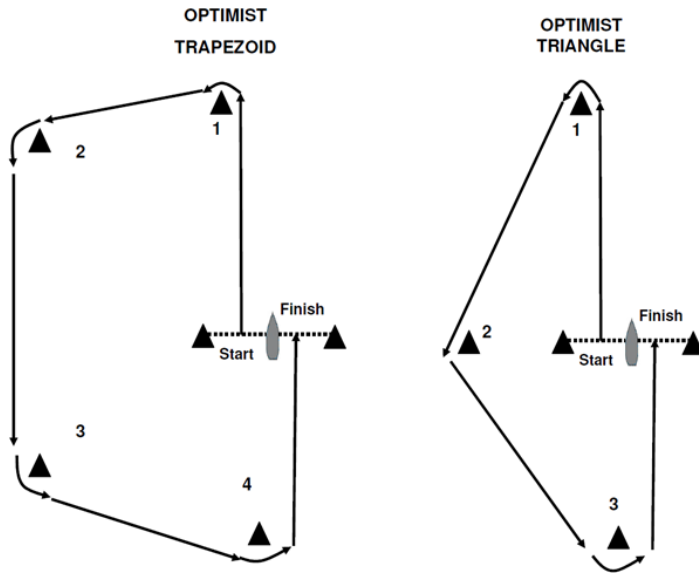
7. RACING AREA

The racing area will be the waters south of American Yacht Club.

8. THE COURSE

8.1 The diagrams below shows the courses, including the approximate angle between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 The name of the course (either “TRAPEZOID” or “TRIANGLE”) will be displayed on a white board on the RC signal boat before or with the warning signal for each class.



9. MARKS

- 9.1. Rounding marks 1, 2, 3 4 will be yellow inflatable tetrahedrons.
- 9.2. The starting marks will be an orange flag on the race committee signal boat at the starboard end and an orange inflatable tetrahedron at the port end.
- 9.3. The finishing marks will be a yellow flag on the race committee signal boat at the port end and a yellow inflatable tetrahedron at the starboard end.

10. THE START

- 10.1. Races will be started using RRS *Appendix U*. This changes rule 26. Appendix U is changed as follows: U3 (signals): Audible signals shall govern and the following supplemental visual signals will be used: The class flag of the class to start will be hoisted with the warning signal and will be dropped at the start. If either RRS 30.1 (the “I flag rule”), RRS 30.2 (the “Z flag rule”) or RRS 30.3 (the “U flag rule”) is in effect, the appropriate flag will be displayed with or before the warning signal and will be dropped one minute before the start.
- 10.2. The White fleet will have a separate start, while Blue and Red will start and race together.
- 10.3. A series of short sounds will be used to call attention just before the warning signal for each start.
- 10.4. The starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat and the course side of the port end starting mark.
- 10.5. A boat starting later than two minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4.
- 10.6. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.7. Additional races may start very soon after each fleet completes the preceding race.

11. RECALLS OF OCS BOATS

- 11.1. When an individual recall is signaled, the race committee will attempt to hail the sail numbers of all boats that are OCS. This changes RRS 29.1.
- 11.2. If code flag “I” and/or “Z” and/or “U” or the black flag has been displayed, the RC will attempt to hail the sail number(s) of boats on the course side of the starting line **during the minute** before her starting signal.
- 11.3. Failure of the race committee’s amplification system, the order of the hails, or failure of a boat to hear her number hailed shall not be grounds for a boat to request redress. This changes RRS 62.1.

12. THE FINISH

The finishing line will be between a staff displaying an yellow flag on the race committee signal boat and the course side of the starboard end finishing mark.

13. TIME LIMITS

- 13.1. The time limit for the first boat in each class to finish shall be 45 minutes.
- 13.2. If no boat has rounded the windward mark within 20 minutes after the start, the race shall be abandoned.
- 13.3. Boats failing to finish within 20 minutes after the first boat in their class start to sail the course and finish will be scored TLE (time limit expired) without a hearing. They shall receive points equal to the number of boats finishing before the time limit expired plus 2 points, but not worse than DNF. (This changes rules 35, A4 and A5)

14 PROTESTS AND REQUESTS FOR REDRESS

- 14.1 Protest forms are available at the race office located inside the AYC Clubhouse. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 14.2 For each class, the protest time limit is 30 minutes after the race committee signal boat docks, which will be posted promptly on the notice board.

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- 14.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the AYC Clubhouse as soon as practicable.
- 14.4 Notices of protests by the RC or protest committee will be posted before the protest time limit to inform boats under RRS 61.1(b).
- 14.5 Redress Hearings: Any competitor who may wish to become a party to a scheduled redress hearing, should: 1) check the daily "schedule of protest hearings" that the protest committee will post on the official notice board describing the nature of the redress request and the time of the hearing, and 2) submit a written request to participate in the hearing to the protest committee before it begins.
- 14.6 If the RC posts a list of boats scored OCS, ZFP, UFD or BFD (RRS 30.1-30.4) on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than one hour after the protest time limit. This changes RRS 62.2
- 14.7 Protests under SI 4.2, 18 and 19 may be made only by the RC or PC. This changes RRS 60.1
- 14.8 Protests regarding infractions of JSA rules or SI 18, 19 may be subject to a lesser penalty than DSQ at the discretion of the PC.

15. SCORING

- 15.1. The race committee will run as many races as is reasonably possible. One race is required to be completed to constitute a series.
- 15.2. When fewer than six races have been completed, a boat's series score will be the total of her race scores. When six or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 15.3. Divisions that start together will be scored overall.
- 15.4. Any race scores that include scoring penalties determined by the PC pursuant to NOR 14 shall not be discardable and will be scored DNE, a non-excludable scoring penalty under 90.3(b).

16. SAFETY REGULATIONS

- 16.1. Each competitor and instructor/coach shall wear a US Coast Guard approved personal flotation device (PFD) while on the water in accordance with JSA Rule 2.1
- 16.2. Before the first warning signal for each day, all boats shall check in with RC by sailing on starboard tack or towing past the stern of the anchored RC signal boat and hailing their sail number until acknowledged by a committee member
- 16.3. A boat that retires from a race shall notify a RC boat before leaving the race area. If this is not possible, the competitor shall notify a regatta representative immediately after arriving ashore.

17. SUPPORT VESSELS

- 17.1. Instructors, coaches and other support persons and spectators shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the race committee signals a postponement or abandonment. Coaching is not permitted after a general recall.
- 17.2. Coaches and support personnel shall monitor the race committee VHF channel 71 and follow any safety instructions issued by the race committee.

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18. TRASH DISPOSAL

Trash may be placed aboard support or official boats. (Disposable water bottles will not be distributed. Water is available from official boats and support boats, and each contestant is responsible for bringing a refillable container for water.)

19. RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications of any kind. This restriction also applies to mobile telephones and any other wireless devices.

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