



2019 JSA Optimist Championships
American Yacht Club
499 Stuyvesant Avenue, Rye, NY, 10580
August 11 & 12, 2019
Classes: Optimists
Open to: Qualified JSA Optimist sailors

SAILING INSTRUCTIONS

Abbreviations:	
PC – Protest Committee	RC – Race Committee
OA – Organizing Authority	SI – Sailing Instructions
RRS – Racing Rules of Sailing	JSA – Junior Sailing Association of LIS
NOR – Notice of Race	

1. RULES

- 1.1. The regatta will be governed by:
 - a) the rules as defined in the Racing Rules of Sailing (RRS)
 - b) The Optimist Class Rules
 - c) The [Rules for JSA of LIS \(JSA\) Events](#),
 - d) JSA Code of Conduct
 - e) US Sailing [SafeSport Handbook](#)
- 1.2. The following RRS optional rules will apply:
 - a) Appendix P, Special Procedures for Rule 42, will apply.
 - a) Appendix T, Arbitration will apply.
 - b) Appendix V1 Penalty at the Time of an Incident, and Appendix V2 Penalty Taken After a Race, will apply.
- 1.3. The following RRS are changed:
 - a) RRS 61.1(a) is changed so that “A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, without consultation with instructors, coaches or support persons, including (if possible) the boat identification number of the boat(s) being protested.”
 - b) Rule 60.2 is changed to permit the race committee to protest a boat when, from its own observation or a report received from any source, it believes that a competitor may have committed a breach of sportsmanship, the RRS, or the Rules for JSA Events.

2. NOTICES TO COMPETITORS

Notices will be posted on the official regatta notice board located on the American Yacht Club (AYC) front porch.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the SIs will be posted no fewer than 30 minutes before the harbor start on the day the changes take effect.
- 3.2. Any change in the harbor start or first warning signal will be posted no later than the end of the protest time on the day before the changes take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the race committee boat.
- 4.2. The harbor start will be signaled by a horn sounded by a race committee boat in the vicinity of the AYC dock. No boat shall leave the dock or ramp area until the harbor start has been signaled.
- 4.3. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than forty five (45) minutes' in the race signal AP.

5. REGATTA FORMAT & SCHEDULE OF RACES

- 5.1. The race committee will divide competitors into four (4) divisions: Pink, Yellow, Green, and Black. A colored streamer corresponding to the division each boat is assigned will be provided at registration and shall be affixed to the sprit pole loop and the sail prior to the safety check.
- 5.2. The streamer shall not be altered in shape or size.
- 5.3. Age divisions (Red, Blue, and White) shall start together. In accordance with SI 16 prizes shall be given based upon a competitor's age class.
- 5.4. Divisions will compete in pairs in each flight. Each flight shall consist of two (2) races. If one of the races in a flight is abandoned and not resailed, so shall the other. Three flights, which represent one full round robin of all four divisions, will constitute a set. One (1) set is required to constitute a regatta. Once one set has been completed all additional flights shall be scored even if a full set has not been completed
- 5.5. The starting rotations for each flight are shown in Appendix 1. The race committee signal boat will display the colored flags for the divisions competing in the next race. The flags shall be lowered and hoisted again at the warning signal for that race.
- 5.6. Division assignments will be made at the discretion of the organizing authority and the race committee. The division assignments will be final and shall not be grounds for redress. This changes rule 62.1(a)
- 5.7. The race committee reserves the right to change the order of races.

6. SCHEDULE OF RACES

- 6.1. The race committee will run as many races as reasonably possible.
- 6.2. Flag A displayed with no sound, while boats are finishing means "No more racing today."
- 6.3. No warning signal will be made after 1600 on Monday, August 12, except if the race committee makes the warning signal for the first race in a flight by 1600, it can make the second warning signal in that same flight after 1600.
- 6.4. The racing schedule is as follows.

Day	Date	Time	Activity	Location
Saturday	August 10	1800-2000	Boat drop off	Drysail Area
Sunday	August 11	0730-1000	Boat drop off	Drysail Area
		0800-1000	Registration	AYC Clubhouse front porch
		0800-1000	Measurement and equipment check	JAYC House and Drysail Area
		0945	Instructors Meeting	AYC Front Lawn
		1000	Competitors Meeting	AYC Front Lawn
		1030	Harbor Start	
		1130	First Warning Signal	
			Lunch	On the water
		After Racing	Dinner	AYC Front Lawn
		1900-1930	Housing pickup	AYC Clubhouse front porch
Monday	August 12	0915	Instructors Meeting	AYC Front Lawn
		0930	Competitors Meeting	AYC Front Lawn
		1000	Harbor Start	
		1100	First Warning	
			Lunch	On the water
		1600	No warning signal after this time	
		After Racing	Presentation of awards	Front lawn

7. CLASS FLAGS

7.1. The division flags will be colored Pink, Yellow, Green, and Black to correspond with fleets designated by the same colors.

8. RACING AREA

The racing area will be the waters south of American Yacht Club.

9. THE COURSES

8.1 The course shall be the JSA Optimist Champs course, as shown in the diagram attached.

8.2 The starting and finishing lines, including the marks that bound them, are an obstruction except when starting or finishing. Boats may pass on either side, but shall not pass through the line on when they are sailing other legs of the course.

9 MARKS

9.1 Rounding marks will be inflatable orange tetrahedrons.

9.2 The starting and finishing marks will be the race committee signal boat and a cylindrical pin mark or a flag on an anchored pin boat.

10 THE START

- 10.1 Races will be started by using RRS 26 (Five-minutes).
- 10.2 A boat starting later than four (4) minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4.
- 10.3 The starting line will be between an orange flag on the signal boat on the starboard end and the course side of an orange mark or a flag on an anchored pin boat.
- 10.4 Divisions will start in the order shown in Appendix 1. After the start of the first flight, the race committee will begin a new starting sequence for the second flight.
- 10.5 A series of short sounds will be used to call attention just before each warning signal.
- 10.7 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. There will be a designated waiting area to leeward of the starting line outlined with inflatable orange marks. Competitors are to sail no closer to the line than the waiting area prior to the previous flights start.
- 10.8 All three age groups (Red, Blue, and White) shall start together.

11 RECALLS OF OCS BOATS

- 11.1 When an individual recall is signaled, the RC will attempt to hail the sail numbers of all boats that are OCS. This changes RRS 29.1.
- 11.2 If code flag "I" and/or "Z" and/or "U" or the black flag has been displayed, the RC will attempt to hail the sail number(s) of boats on the course side of the starting line **during the minute** before her starting signal.
- 11.3 Failure of the RC's amplification system, the order of the hails, or failure of a boat to hear her number hailed shall not be grounds for a boat to request redress. This changes RRS 62.1.

12 THE FINISH

The finishing line will be between a staff displaying a yellow flag on a race committee boat and the course side of the cylindrical finishing mark.

13 TIME LIMITS

- 13.1 The time limit for the first boat in each race to finish shall be 60 minutes.
- 13.2 Boats failing to finish within 25 minutes after the first boat in their class sails the course and finishes will be scored Time Limit Expired (TLE) without a hearing. The instruction changes RRS 35, 63.1, A4 and A5.

14 PROTESTS AND REQUESTS FOR REDRESS

- 14.1 Protest forms are available at the AYC main clubhouse front porch. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 14.2 For each class, the protest time limit is thirty (30) minutes after the RC signal boat docks, which will be posted promptly on the notice board.
- 14.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors

of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the AYC Clubhouse, as soon as practicable.

- 14.4 Notices of protests by the RC, technical committee, or PC will be posted before the protest time limit to inform boats under RRS 61.1(b).
- 14.5 Redress Hearings: Any competitor who may wish to become a party to a scheduled redress hearing, should: 1) check the daily "schedule of protest hearings" that the protest committee will post on the official notice board describing the nature of the redress request and the time of the hearing, and 2) submit a written request to participate in the hearing to the protest committee before it begins.
- 14.6 If the RC posts a list of boats scored OCS, ZFP, UFD or BFD (RRS 30.1-30.4) on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than one hour after the protest time limit. This changes RRS 62.2
- 14.7 Protests under SI 4.2, 17, 18, 19, and 20 may be made only by the RC or PC. This changes RRS 60.1.
- 14.8 Protests regarding infractions of JSA rules or SI 4.2, 17, 18, 19, or 20 may be subject to a lesser penalty than DSQ at the discretion of the PC.
- 14.9 Any race scores that include scoring penalties determined by the PC pursuant to NOR 14 shall not be discardable and will be scored DNE, a non-excludable scoring penalty under 90.3(b).

15 SCORING

- 15.1 Six flights constituting two (2) sets are scheduled. However, the race committee may run as many flights as reasonably possible.
- 15.2 When fewer than six (6) flights have been completed, a boat's series score will be the total of her race scores. When six or more flights have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 15.3 Divisions that start together will be scored overall (not by division).
- 15.4 The Red, Blue, and White fleet age groups will race together and will be scored in their places overall. However, they will also be sorted by their age group for the presentation of awards.

16 PRIZES

- 16.1 Prizes will be awarded to the top three finishers overall, the top five finishers in each fleet age group, and the top three girls overall.
- 16.2 A sportsmanship trophy may be awarded at the discretion of the race committee.
- 16.3 Perpetual Trophies: The Leo M. Cardillo perpetual trophy will be awarded to the overall winner.

17 SAFETY REGULATIONS

- 17.1 Before the first warning signal for each day, all boats shall check in with RC by sailing on starboard tack or towing past the stern of the anchored RC signal boat and hailing their sail number until acknowledged by a committee member.
- 17.2 A boat that retires from a race shall notify a RC boat before leaving the race area. If this is not possible, the competitor shall notify a regatta representative immediately after arriving ashore.
- 17.3 Each competitor and instructor shall wear a US Coast Guard approval personal floatation device (PFD) while on the water in accordance with JSA Rule 2.1.

18 SUPPORT VESSELS

- 18.1 Instructors, coaches and other support persons and spectators shall stay outside the racing area and corridor and shall not cross the line delineating the Waiting Area (as defined in Appendix 2) from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the race committee signals a postponement or abandonment. Coaching is not permitted after a general recall.
- 18.2 Coaches and support personnel shall monitor the race committee VHF channel and follow any safety instructions issued by the race committee. The VHF channel to be used will be identified at the instructors' meeting.

19 TRASH DISPOSAL

Trash may be placed aboard support or official boats. Disposable water bottles will not be distributed. Water is available from support boats, and each contestant is responsible for bringing refillable water bottles.

20 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications of any kind. This restriction also applies to mobile telephones and any other wireless devices.

Regatta Chairperson:	<i>Tricia Alcamo</i>	<i>tricia.alcamo@gmail.com</i>
Principal Race Officer:	<i>Clemmie Everett</i>	<i>clemmie.everett@gmail.com</i>
Technical Committee Chair:	<i>Kevin Broome</i>	<i>americanycsailing@gmail.com</i>
JSA Representative	<i>Richard O'Leary</i>	<i>twotalltrees@optonline.net</i>

Appendix 1

Starting Rotation

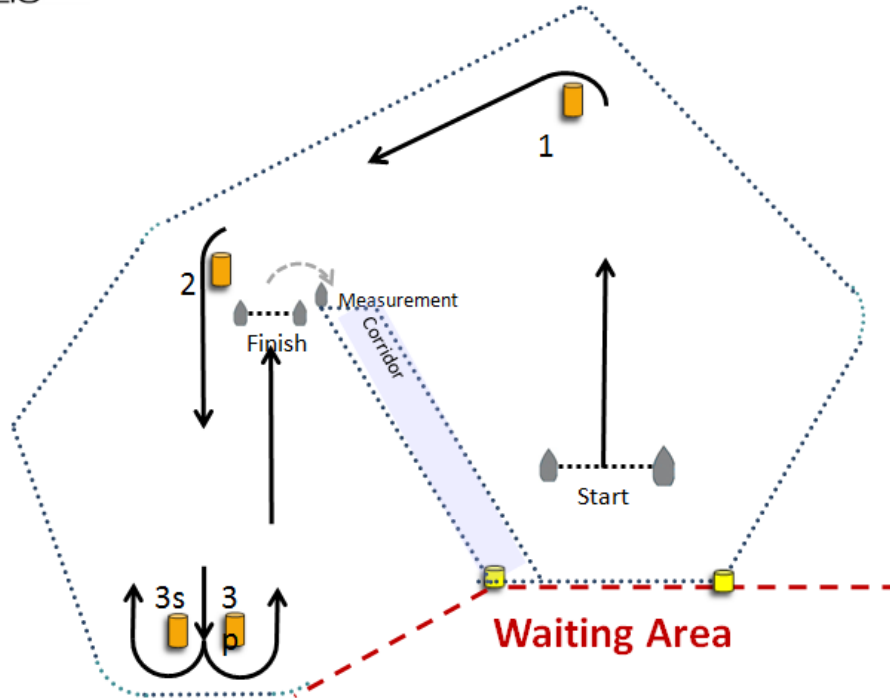
The Race Committee reserves the right to change this order at any time.

	Flight Number	Race Number	Division Pair	Race Number	Division Pair
Set 1	1	1	Pink, Yellow	2	Green, Black
	2	3	Pink, Green	4	Yellow, Black
	3	5	Pink, Black	6	Green, Yellow
Set 2	1	7	Green, Black	8	Pink, Yellow
	2	9	Yellow, Black	10	Pink, Green
	3	11	Green, Yellow	12	Pink, Black

Appendix 2



Race Course Options – Opti Champs



- Course: Start, 1, 2, 3s/3p, Finish.
- Racing area is marked in dots
- Waiting Area windward edge marked by red dashes