

**American Yacht Club Optimist Invitational
July 23, 2016**

Organizing Authority: American Yacht Club (AYC), 499 Stuyvesant Ave, Rye, NY

SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta will be governed by the rules as defined in the current version of The Racing Rules of Sailing.
- 1.2. The 2016 Rules for JSA of LIS (JSA) Events will apply.
- 1.3. Rule 60.3 is changed to permit the protest committee to protest a boat when, from its own observation or a report received from any source, it believes that a competitor may have committed a breach of sportsmanship or the Rules for JSA Events.
- 1.4. Rule 61 is changed as follows: “Immediately after finishing a race, without consultation with instructors, coaches or spectators, a boat shall notify the race committee finish boat of its protest against another boat and (if possible) provide the sail number or skipper’s name of the protested boat.”
- 1.5. Appendix T, Section B, Post-Race Penalties will apply as modified by instruction 15: Penalty System

2. NOTICES TO COMPETITORS

Notices will be posted on the official regatta notice board located on the front porch of the AYC Clubhouse.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the sailing instructions will be posted no fewer than 30 minutes before the harbor start on the day the changes take effect.
- 3.2. Any change in the harbor start or first warning signal will be posted no later than 1800 on Friday, July 22, 2016.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from either the main flagpole or the race committee boat.
- 4.2. The harbor start will be signaled by one long sound as the race committee leaves the dock. No boat shall sail past the AYC main dock until the harbor start has been signaled.
- 4.3. When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes in the race signal AP.’

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5. SCHEDULE OF RACES

- 5.1. The race committee will run as many races as reasonably possible.
- 5.2. The racing schedule is as follows:

Time	Activity	Location
0830-1000	Registration	Clubhouse front porch
0830-1000	Measurement and equipment check	Dry-sail area
1030	Competitors Meeting	Front lawn near flagpole
1040	Instructors Meeting	Front lawn near flagpole
1100	Harbor Start	
1130	First Warning Signal	
Between races	Lunch	On the water
Following racing	Snacks and awards	Front lawn near flagpole

- 5.3. Flag A displayed, with no sound, while boats are finishing means ‘No more racing today.’

6. CLASS FLAGS

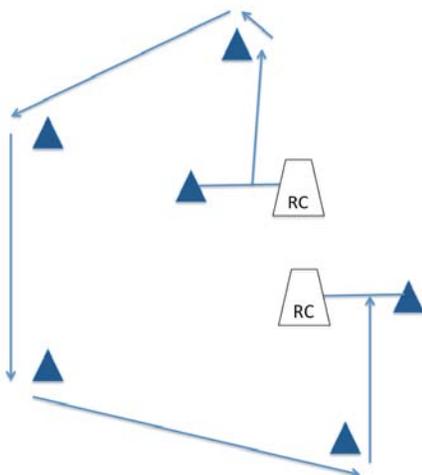
The class flags will be a red flag for the Red Fleet; a blue flag for the Blue Fleet; and a white flag for the White Fleet. Boats shall display a streamer of the appropriate fleet color from the top of their sprit pole at all times while racing.

7. RACING AREA

The racing area will be the waters south of American Yacht Club.

8. THE COURSE

The diagram below shows the course, including the approximate angle between legs, the order in which marks are to be passed, and the side on which each mark is to be left.



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9. MARKS

- 9.1. Rounding marks 1, 2 and 3 and 4 will be yellow inflatable tetrahedrons.
- 9.2. The starting marks will be a race committee signal boat at the starboard end and an orange inflatable tetrahedron at the port end.
- 9.3. The finishing marks will be a race committee signal boat at the port end and a yellow inflatable tetrahedron at the starboard end.

10. THE START

- 10.1. Races will be started using Appendix S, “Sound-Signal-Starting-System” (3 minute start). This changes rule 26.
- 10.2. Appendix S is changed as follows:
 - o S6 (individual recalls) is deleted and replaced by SI 11 (Recalls of OCS boats)
 - o S2 (signals): Sound signals shall govern and the following supplemental visual signals (flags) will be used: The class flag(s) will be hoisted with the warning signal and will be dropped at the start. If rule 30.1 (the “I flag rule”) is in effect, the “I” flag will be displayed with or before the warning signal and will be dropped one minute before the start.
- 10.3. The Red and Blue fleets will start and race together. The White fleet will race separately. *This was a question last year, but seemed to work*
- 10.4. A series of short sounds will be used to call attention just before the warning signal for each start.
- 10.5. The starting line will be between a staff displaying an orange flag on the race committee signal boat and the course side of the port end starting mark.
- 10.6. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.7. Additional races may start very soon after each fleet completes the preceding race.

11. RECALLS OF OCS BOATS

- 11.1. When an individual recall is signaled (“X” Flag and one sound signal), the race committee will attempt to hail the sail numbers of all boats that are OCS. This changes rule 29.1.
- 11.2. If code flag “I” and/or “Z,” or the black flag has been displayed, the race committee will attempt to hail the sail number(s) of boats on the course side of the starting line **during the minute** before her starting signal.
- 11.3. A general recall will be signaled by “First Substitute” flag and two sound signals. After a general recall, a new warning signal will be made one minute after the lowering of the “First Substitute” flag.
- 11.4. Failure of the race committee’s amplification system, the order of the hails, or failure of a boat to hear her number hailed shall not be grounds for a boat to request redress. This changes rule 62.1.

12. THE FINISH

The finishing line will be between a staff displaying an orange flag on the race committee signal boat and the course side of the starboard end finishing mark.

13. TIME LIMITS

- 13.1. The time limit for the first boat in each class to finish shall be 45 minutes.

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- 13.2. Boats failing to finish within 20 minutes after the first boat in their class start to sail the course and finish will be scored TLE (time limit expired) without a hearing. They shall receive points equal to the number of boats finishing before the time limit expired plus 2 points, but not worse than DNF. (This changes rules 35, A4 and A5)

14 PROTESTS AND REQUESTS FOR REDRESS

- 14.1 Protest forms are available at the race office located inside the AYC Clubhouse. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 14.2 For each class, the protest time limit is 30 minutes after the race committee signal boat docks, which will be posted promptly on the notice board
- 14.3 The first sentence of Rule 62.2 is changed as follows: “The request shall be in writing and be delivered to the race office no later than the protest time limit or two hours after the incident, whichever is later, with the following exception : if the race committee posts a list of boats scored OCS, ZFP or BFD on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than one hour after the protest time limit.”
- 14.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the AYC Clubhouse as soon as practicable.
- 14.5 Notices of protests by the race committee or protest committee will be posted before the protest time limit to inform boats under rule 61.1(b).
- 14.6 Protests under sailing instructions 4.2, 6, 16 and 18 may be made only by the race or protest committees.
- 14.7 Redress Hearings: Any competitor who may wish to become a party to a scheduled redress hearing, should: 1) check the daily “schedule of protest hearings” that the protest committee will post on the official notice board describing the nature of the redress request and the time of the hearing, and 2) submit a written request to participate in the hearing to the protest committee before it begins.

15. PENALTY SYSTEM

A boat may take a Post-Race Penalty by informing the protest committee (not the race committee) in writing upon coming ashore at the end of a day’s racing in accordance with Appendix T Section B. If a protest has been filed regarding the incident for which a boat wants to take a Post-Race Penalty, the protest committee will determine if either an arbitration meeting or protest hearing is required before the Post-Race Penalty can be taken. When it is satisfied that the requirements of rule T2.1 are met, then the protest committee will assign the appropriate scoring penalty based on submission time and give a report to the scorer.

16. SCORING

- 16.1. The race committee will run as many races as is reasonably possible. One race is required to be completed to constitute a series.
- 16.2. When fewer than four races have been completed, a boat’s series score will be the total of her race scores. When four or more races have been completed, a boat’s series score will be the total of her race scores excluding her worst score. Divisions (i.e. Red and Blue fleets) that start together will be scored overall.

17. SAFETY REGULATIONS

- 17.1. Before the first warning signal for each day, all boats shall check in with the race committee by sailing on starboard tack or towing past the stern of the anchored race committee signal boat and

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hailing their sail number until acknowledged by a committee member. Infractions of this instruction may be protested by the race committee only.

- 17.2. A boat that retires from a race shall notify a race committee boat before leaving the race area. If this is not possible, the competitor shall notify a regatta representative immediately after arriving ashore.

18. SUPPORT BOATS

- 18.1. Coaches, support personnel and spectators shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the race committee signals a postponement or abandonment. Coaching is not permitted after a general recall.
- 18.2. Coaches and support personnel are required to monitor the race committee VHF channel and follow any safety instructions issued by the race committee. The VHF channel to be used will be identified at the instructors' meeting.

19. TRASH DISPOSAL

Boats shall comply with rule 55. Trash may be placed aboard support and race committee boats.

20. RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications of any kind. This restriction also applies to mobile telephones and any other wireless devices.

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