



**Laser / Laser Radial Regatta
Saturday, September 3, 2016
American Yacht Club
Rye, NY**

SAILING INSTRUCTIONS

1. Rules

The regatta will be governed by the Racing Rules of Sailing (RRS).

2. Notices To Competitors

Notices to competitors will be posted on www.americanyc.org and the Race Committee Notice Board, located on the front patio of the main clubhouse, no later than 1000 hours on Saturday September 3, 2016.

3. Changes In Sailing Instructions

Any change in the sailing instructions will be posted on the official notice board on the AYC Clubhouse porch no later than 1000 hours on the day it will take effect.

4. Signals Made Ashore

4.1 Signals made ashore will be displayed from the race committee signal boat.

4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5. Schedule of Events

0800–0945	Registration
1000	Competitors' Meeting
1100	First warning, subsequent races to follow Reception and awards following the final race

6. Class Flags

6.1 Unless specified by the Race Committee Lasers and Laser Radials will start together with Numeral Pennant "1" as the class flag.

6.2 At the discretion of the Race Committee the Lasers may be designated as Class "1" and the Laser Radials as Class "2" using the Numeral flags as designators. This will be announced at the Competitors' meeting.

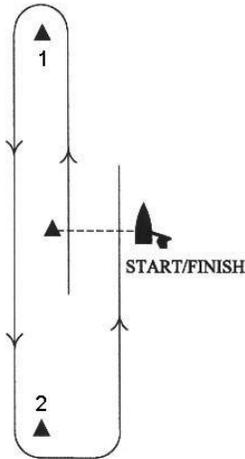
7. Racing Area

The racing area will be in the vicinity of Milton Point, Rye, NY.

8. Courses

8.1 Courses will be start-windward-leeward-finish. The leeward mark will be located to leeward of the Start/Finish line.

[Course Diagram](#)



9. Marks

Rounding marks will be yellow tetrahedrons. In the event of a course change, the new mark will be an orange tetrahedron. If there is a subsequent course change, the original mark will be used. The pattern will be repeated for each course change.

10. Eligibility and Entry

All competitors must meet the eligibility requirements as stated in the Notice of Race and have filed valid entries in accordance with the Notice of Race.

11. Number of Races

7.1 The race committee plans to complete as many races as possible.

7.2 No warning signal will be made after 1700 hours.

12. The Start/Finish

11.1 Races will be started in accordance with Appendix S, Sound Signal Starting System.

11.2 The Start/Finish line will be between a staff flying an orange flag on the signal boat and an orange tetrahedron. There is no restriction on crossing the Start/Finish line on the leeward leg of the course.

11.3 A boat shall not start later than 5 minutes after her starting signal. Such boat will be scored DNS, this changes RRS A4.1 and A5.

13. Time Limits and Target Times

13.1 The time limit for a race will be 30 minutes for the first boat to sail the course and finish.

13.2 Boats failing to finish within 15 minutes after the first boat sails the course will be scored DNF without a hearing. This changes RRS 35, A4 and A5.

14. Protests and Requests for Redress

16.1 Competitors intending to protest shall inform the Race Committee immediately after finishing. Boats should first sail to the non-course side of the Finish and then report to the Signal Boat. Boats that do not finish shall report their intent to protest

to any Race Committee Boat at the first possible opportunity. This adds to RRS 61.1(a).

16.2 Protests shall be lodged at the main club house within 45 minutes that the Race Committee Signal boat docks and raises a Red Flag and sounds a long horn blast. This will be done as soon as practicable. The time of this signal will also be posted on the notice board.

15. Scoring

17.1 The Low Point System, Appendix A2, will be used except as modified below.

17.2 One race must be completed to constitute a regatta.

17.3 There will be no throw outs.

16. Trophies

Trophies will be awarded at the discretion of the Event Chair and Race Committee based upon participation.

17. Safety

17.1 Competitors shall wear a personal flotation device (PFD) approved by the U.S. Coast Guard or the competitor's national authority at all times while on the water, except while actively adding or removing clothing. This changes RRS 40.

17.2 A competitor that withdraws from a race or intends not to start a race shall inform the nearest safety or race committee boat as soon as possible.

18. Refreshment

18.1 Energy bars and fruit will be available to competitors on the water.

18.2 Water jugs will be available to refill reusable water bottles.

19. Trash

Competitors can deposit trash on any official boat. The penalty for disposing trash into the water shall be DSQ for the preceding race (or the first race, if prior to the first start). Only the Race Committee shall protest a competitor under this rule.

20. Responsibility for Safety

By Participating in this event and any related activity sponsored or undertaken by American Yacht Club, the owner, helmsman and each crew member agree: that they understand that sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis and death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility and at their own risk, see RRS 4 "Decision to Race"; that American Yacht Club and its officers, trustees, members, committees, employees or agents will not be responsible for damage to any boat or other property, or to any participant, including injury or death; and that each of them releases and waives all claims which he or she, or any heir, representative, successor or assignee, may have against American Yacht Club and its officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity.

**Principal Race Officer
Event Chair**

Tony Weiner
Paul LaBossiere