

American Yacht Club Women's Invitational Team Race Regatta

June 11-12, 2016

Organizing Authority: American Yacht Club (AYC)

Sailing Instructions

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2013-2016* including Appendix D: Team Racing Rules and Appendix S: "Sound-Signal Starting System"
- 1.2 Class rules shall not apply. Crews shall be seated with legs inboard of the rail, upper body may lean outboard. Droop hiking is prohibited. Twings shall not be used to assist in jib trim. Shrouds shall not be used to assist in rolling the boat.
- 1.3 No national authority prescriptions shall apply.
- 1.4 PFDs shall be worn at all times while on the water except for brief periods while adjusting or changing clothing or on the change boat.

2 BOATS

Ideal 18's will be provided. Spinnakers shall not be used. Standing rigging shall not be adjusted, except by direction of the Organizing Authority (OA).

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the front porch of the Yacht Club. Oral changes to these sailing instructions may be given on the water and communicated to each boat before her warning signal.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the main flagpole of the Yacht Club.
- 4.2 Flag AP means the race is postponed. The warning signal will be made not less than 30 minutes after the flag AP is lowered. This changes race signal AP.

5 SCHEDULE OF EVENTS

Friday, June 10 th	Registration and Practice (Please coordinate with Carolyn Russell carolynhrlr@gmail.com)	1500
Saturday, June 11 th	Registration, Coffee & Snacks	0830-0900

	Competitors' Briefing	0900
	First Race	Immediately following the briefing
	Dinner	1830
Sunday, June 12 th	Coffee & Snacks	0830
	Competitors Briefing	0900
	Awards	Immediately following racing

7 VENUE

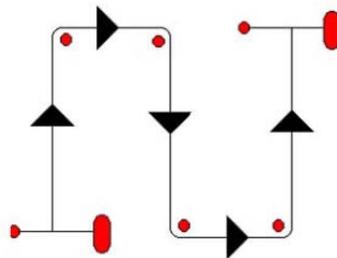
Racing will take place on Long Island Sound within the vicinity of the American Yacht Club in Rye, NY.

8 FORMAT

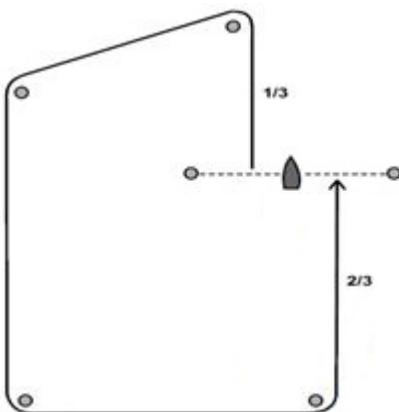
The planned format is multiple round robins amongst the teams. If time permits a knock-out series may be run. The Principal Race Officer may change the format or terminate or eliminate any round, when conditions do not permit the completion of the intended format. The format to attempt, contingency formats, if any and changes to the format may be given orally on the water.

9 COURSE

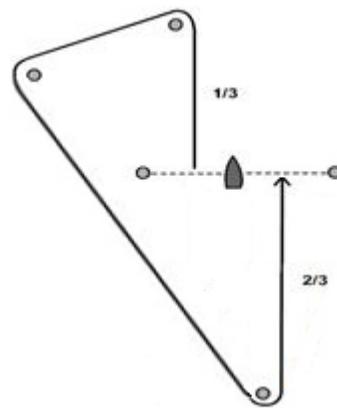
Course can be either: Digital N, Box Course, or Modified Triangle as diagramed below:



DIGITAL "N"



BOX COURSE



"T" – MODIFIED TRIANGLE

10 MARKS

Rounding marks will be orange hippity hops.

11 THE START

11.1 Races will be started in accordance with RRS Appendix S.

11.2 The start line will be between an orange tetrahedron and the orange flagged staff on the committee boat at the starboard end

11.3 The warning signal will be the flags in the color of the teams paired for that start. The warning signals will be given as soon as practicable.

12 RECALLS

12.1 The race committee will endeavor to identify recalled boats by sail number using a loud hailer.

12.2 Failure of a boat to hear her recall notification and the order and timing of each such hail shall not be grounds for redress. This changes RRS 61.1.

13 CHANGE OF COURSE

The race committee may change a leg of the course that begins at a rounding *mark* by changing the position of the next mark (or the finishing line) without signaling all boats before they begin the leg. The next *mark* shall be in position at that time. This changes rule 33.

14 THE FINISH

The finish line for the digital N will be between an orange tetrahedron and the orange flagged staff on the committee boat at the starboard end. For the box course and the modified triangle course the finish line will be between an orange tetrahedron and the orange flagged staff on the port end of the line.

15 TIME LIMIT

15.1 The time limit for each race will be 30 minutes. Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored Did Not Finish (DNF). This changes rule 35.

15.2 The decision to abandon a race may be communicated orally by the race committee. This changes rule 32.1 and race signals.

16 WITHDRAWAL

A boat that withdraws from a race or that does not intend to start a scheduled race shall notify the race committee at the first opportunity.

17 PROTESTS

17.1 Protests and requests for redress will be in accordance with D1.2.

17.2 Boats protesting shall inform the Race Committee of the protest and the boat she is protesting immediately following the race in question. This modifies 61.3 and 62.2.

17.3 It is the intent of the protest committee to hear all protests on the water directly after the race in question.

18 BREAKDOWNS

A boat suffering a breakdown shall hail a judge and report the breakdown at the change boat. This modifies rule D5.2

19 SCORING

19.1 Scoring will be in accordance with Appendix D.

19.2 One completed round robin shall constitute a completed series. However additional series may be attempted, but unless they are completed in their entirety shall not be counted for the final scoring.

20 PRIZES

20.1 A Perpetual Trophy for the winning team and prizes for 1st and 2nd shall be awarded upon completion of racing.

21 CONDUCT AND RESPONSIBILITY

21.1 The skipper shall be responsible for all actions of her crew or guests. In the event of a breach of conduct, sportsmanship, destruction of property or failure to comply with the request of any race officer, committee member or agent of the American Yacht Club, the skipper will be held responsible.

21.2 The American Yacht Club is not responsible and will not accept any liability for bodily injury, death or property damage suffered from any cause. Each participant, including the skipper and crew, participates in the regatta entirely at her own risk and waives any and all claims, including those arising from the negligence or lack of due care, which she may have against the American Yacht Club, its regatta committee, and its officer, trustees, committee members, members, agents, or employees. Responsibility for evaluating the wind, sea, and weather conditions rests with each participant as does responsibility for the safe conditions of the boat, including safety equipment and rigging. Assistance, if any from the regatta committee, other American Yacht Club vessels, or the AYC Safety and Rescue teams, from any personnel manning them, is entirely at the risk of the participant.

22 FURTHER INFORMATION

22.1 For further information please contact

Event Chair – Carolyn Russell - carolynhrl@gmail.com

PRO – Sandy Weil – sandy.weil@openlink.com

SAILING INSTRUCTIONS APPENDIX A

Ideal 18s will be provided by the American Yacht Club and other clubs.

While all reasonable steps are taken to equalize the boats, variations will not be grounds for redress. This changes RRS 62.

3. Except in an emergency or in order to prevent damage or injury, or when directed by the Race Committee otherwise, the following are prohibited:
 - a) Any additions or alterations to the equipment supplied.
 - b) The use of any equipment for a purpose other than that intended or specifically permitted.
 - c) The replacement of any equipment without the sanction of the Race Committee or Event Chairman.
 - d) Moving equipment from its normal stowage position except when being used.
 - e) Perforating sails, even to attach tell tales.
 - f) Adjusting or altering the tension of standing rigging.
 - g) Marking directly on the hull or deck with permanent ink.
 - h) Only one set of sails shall be used unless a substitution is authorized by the Race Committee.
 - i) Spinnakers shall not be used. Spinnaker poles and/or whisker poles shall not be used.
 - j) Barber haulers shall not be used.
 - k) Mainsheets may be doubled-up but not singled-up.
4. The Ideal 18 fleet will race under a full main and jib sail plan as the conditions allow. If the conditions make it unsafe to sail with the full sail plan, two additional sail plans may be signaled from the starting boat dictating the sail plan to be used for the upcoming race as follows:
 - a) Signal flag Romeo:  reefed mainsail and full jib
 - b) Signal flag Juliet:  reefed mainsail with jib furled upwind and unfurled downwind. For races sailed under signal flag Juliet, the jib may be unfurled while rounding Mark 2 and must be furled before rounding Mark 4.
 - c) The decision of which sail configuration to be used will be made by the Race Committee, and will be made before the warning signal for that race providing teams adequate time to reef or unreef mainsails. Teams will be notified of this decision by a series of horn blasts accompanying the display of boat color designations for the next race.
5. Competitors may take on board: sponge or bailer, tell tales, one spare shackle, clevis pin and ring ding, tape, PFDs and personal gear.
6. Every effort shall be made to avoid damage to hulls, rigging or sails. All skippers will be required to provide a \$500.00 damage deposit at registration. If the Protest Administrator, the Race Committee or the Event Chairman determines that the Right of Way skipper did not act appropriately to avoid a damage-causing collision, the cost to repair the damage may be divided between the two skippers involved.
7. Competitors are responsible for inspecting their assigned boats for possible breakdown and/or missing equipment. Discrepancies must be resolved immediately by reporting to AYC Harbor Master or the Protest Administrator on the change dock.
8. Immediately after finishing a race, competitors shall report any damage, breakdown, or loss of equipment to the Protest Administrator and/or to AYC Harbor Master.
9. Boats will remain on the proper side of all USCG navigational markers at all times.