



**American Yacht Club Optimist Invitational
July 25, 2020**

Open to: Area B Optimist Sailors

Organizing Authority: American Yacht Club (AYC), 499 Stuyvesant Ave, Rye, NY 10580

SAILING INSTRUCTIONS

PC - Protest Committee
OA - Organizing Authority
RRS - Racing Rules of Sailing
NOR - Notice of Race

RC - Race Committee
SI - Sailing Instructions
JSA - Junior Sailing Association of LIS

1 RULES

- 1.1 The regatta will be governed by:
- a. The rules as defined in the Racing Rules of Sailing (RRS)
 - b. Optimist Class Rules
 - c. The Rules for JSA of LIS (JSA) Events
 - d. JSA Code of Conduct
 - e. US Sailing SafeSport Handbook
 - f. AYC Expedited Hearings Procedures (attached as Appendix A)
- 1.2 The following RRS optional rules will apply:
- a. Appendix V1 Penalty at the Time of an Incident, and Appendix V2 Penalty Taken After a Race, will apply.
- 1.3 Racing Rules of Sailing (RRS) listed below are changed as follows.
- a. RRS 61.1(a) is changed so that “A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, without consultation with instructors, coaches or support persons, including (if possible) the boat identification number of the boat(s) being protested.”
 - b. Rule 60.2 is changed to permit the race committee to protest a boat when, from its own observation or a report received from any source, it believes that a competitor may have committed a breach of sportsmanship the RRS or the Rules for JSA Events.
 - c. Competitors are required to wear a face cover during a protest hearing. This modifies RRS 63.1.

- d. Oral changes to the Sailing Instructions may be made on the water per RRS 90.2(c) by hoisting Code Flag L on the Signal Vessel.

2 NOTICES TO COMPETITORS

Notices will be posted on the event webpage and sent via text to registered Instructors and participating Clubs’ Sailing Directors. Coach boats and support vessels shall be registered for the regatta through the event webpage.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Oral changes to the Sailing Instructions may be made on the water per RRS 90.2(c) by hoisting Code Flag L on the Signal Vessel. Changes will be announced via loudhailer and VHF #73.
- 3.2 The first warning signal may be postponed. Postponement will be announced via VHF #73, AP flag on RC, and via text message to registered Instructors and participating Clubs’ Sailing Directors.

4 SCHEDULE OF RACES

- 4.1 The race committee will run as many races as reasonably possible.
- 4.2 The racing schedule is as follows:

Day	Date	Time	Activity	Location
Thurs	July 23	1700	Virtual Competitors and Instructors Meetings (Questions can be submitted to racecommittee@americanyc.org by 1700 Friday)	Released via email
Fri	July 24	2100	Virtual Competitors Meeting Q&A	Released via email
Sat	July 25	1000	Harbor Start (AYC Sailors Only)	
		1015-1045	Competitor Check-In	On the water
		1100	On-Water Instructors Meeting	VHF Channel 73
		1130	First Warning Signal	
			Lunch	On the water
		After Racing	Awards	Announced via email and delivered to participating Clubs.

- 4.3 Flag A displayed, with no sound, while boats are finishing means ‘No more racing today.’
- 4.4 No warning signal will be made after 1630.

5 CLASS FLAGS

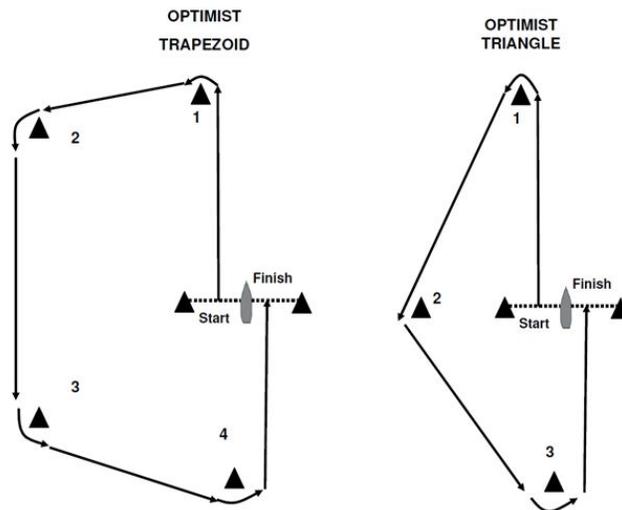
The class flags will be a red flag for the Red Fleet; a blue flag for the Blue Fleet; and a white flag for the White Fleet. Boats shall display a streamer of the appropriate fleet color from the top of their sprit pole at all times while racing.

6 RACING AREA

The racing area will be the waters south of American Yacht Club.

7 THE COURSE

- 7.1 The diagrams below show the courses, including the approximate angle between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 7.2 The name of the course (either “TRAPEZOID” or “TRIANGLE”) will be displayed on a white board on the RC signal boat before or with the warning signal for each class.



8 MARKS

- 8.1 Rounding marks 1, 2, 3, and 4 will be yellow inflatable tetrahedrons.
- 8.2 The starting marks will be an orange flag on the race committee signal boat at the starboard end and an orange inflatable tetrahedron at the port end.
- 8.3 The finishing marks will be a yellow flag on the race committee signal boat at the port end and a yellow inflatable tetrahedron at the starboard end.

9 THE START

- 9.1 Races will be started using RRS *Appendix U*. This changes RRS 26. Appendix U is changed as follows: U3 (signals): Audible signals shall govern and the following supplemental visual signals will be used: The class flag of the class to start will be hoisted with the warning signal and will be dropped at the start. If either RRS 30.1 (the “I flag rule”), RRS 30.2 (the “Z flag rule”) or RRS 30.3 (the “U flag rule”) is in effect, the appropriate flag will be displayed with or before the warning signal and will be dropped one minute before the start.
- 9.2 The White fleet will have a separate start, while Blue and Red will start and race together.
- 9.3 A series of short sounds will be used to call attention just before the warning signal for each start.
- 9.4 The starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat and the course side of the port end starting mark.

- 9.5 A boat starting later than two minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4.
- 9.6 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 9.7 Additional races may start very soon after each fleet completes the preceding race.

10 RECALLS OF OCS BOATS

- 10.1 When an individual recall is signaled, the race committee will attempt to hail the sail numbers of all boats that are OCS. This changes RRS 29.1.
- 10.2 If code flag “I” and/or “Z” and/or “U” or the black flag has been displayed, the RC will attempt to hail the sail number(s) of boats on the course side of the starting line **during the minute** before her starting signal.
- 10.3 Failure of the race committee’s amplification system, the order of the hails, or failure of a boat to hear her number hailed shall not be grounds for a boat to request redress. This changes RRS 62.1.

11 THE FINISH

The finishing line will be between a staff displaying a yellow flag on the race committee signal boat and the course side of the starboard end finishing mark.

12 TIME LIMITS

- 12.1 The time limit for the first boat in each class to finish shall be 45 minutes.
- 12.2 If no boat has rounded the windward mark within 20 minutes after the start, the race shall be abandoned.
- 12.3 Boats failing to finish within 20 minutes after the first boat in their start to sail the course and finish will be scored TLE (time limit expired) without a hearing. They shall receive points equal to the number of boats finishing before the time limit expired plus 2 points, but not worse than DNF. (This changes RRS 35, A4 and A5).

13 PROTESTS AND REQUESTS FOR REDRESS

- 13.1 Competitors are required to wear a face cover during a protest hearing. This modifies RRS 63.1.
- 13.2 The protest time limit is 1800 on 25-July-2020
- 13.3 Scoring inquiries and requests for redress shall be delivered to racecommittee@americanyc.org
- 13.4 Scores posted online will be preliminary unless otherwise noted.
- 13.5 All Scoring Inquires must be received by protest time limit.

14 SCORING

- 14.1 The race committee will run as many races as is reasonably possible. One race is required to be completed to constitute a series.
- 14.2 When fewer than six races have been completed, a boat’s series score will be the total of her race scores. When six or more races have been completed, a boat’s series score will be the total of her race scores excluding her worst score.
- 14.3 Divisions that start together will be scored overall.
- 14.4 Any race scores that include scoring penalties determined by the PC pursuant to NOR 14 shall not be discardable and will be scored DNE, a non-excludable scoring penalty under RRS 90.3(b).

15 SAFETY REGULATIONS

- 15.1 Each competitor and Instructor shall wear a US Coast Guard approved personal flotation device (PFD) while on the water in accordance with JSA Rule 2.1.
- 15.2 Before the first warning signal for each day, all boats shall sail or tow upwind through the on-water Safety Gate to check in. The Safety Boats will be designated with a mast flying both a pink and green safety flag. Boats shall hail their sail number until acknowledged by a committee member.
- 15.3 A boat that retires from a race shall notify a RC boat before leaving the race area. If this is not possible, their Instructor shall notify a regatta representative via text message or via VHF #73.

16 SUPPORT VESSELS

- 16.1 Instructors, coaches and other support persons and spectators shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the race committee signals a postponement or abandonment. Coaching is not permitted after a general recall.
- 16.2 Coaches and support personnel shall monitor the race committee VHF Channel 71 and follow any safety instructions issued by the race committee.
- 16.3 Coaches and support boats will monitor VHF Channel 73 for the Instructors' Meeting as described in the schedule.

17 TRASH DISPOSAL

Trash may be placed aboard support or official boats. (Disposable water bottles will not be distributed. Water is available from official boats and support boats, and each competitor is responsible for bringing a refillable container for water.)

18 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications of any kind. This restriction also applies to mobile telephones and any other wireless devices.

19 FURTHER INFORMATION

This Notice of Race, the Sailing Instructions, results and other information will be available on the website of American Yacht Club at americanyc.org.

Regatta Chairperson:	Tricia Alcamo	tricia.alcamo@gmail.com
	Tim van Biesen	tim.vanbiesen@bain.com
Principal Race Officer:	Clemmie Everett	clemmie.everett@gmail.com
AYC Sailing Director:	Kevin Broome	americanycsailing@gmail.com
Regatta Registration:	Molly Banks	JuniorAYC@gmail.com

SAILING INSTRUCTIONS: APPENDIX A
American Yacht Club

Expedited Hearing Procedures

These rules apply to all hearings except hearings under rule 69.

1. A boat protesting or requesting redress based on an incident in the racing area that she is involved in or sees shall, at the first reasonable opportunity after she finishes, inform the race committee at the finishing line of her protest or request redress and, when applicable, the identity of the protestee.
2. If the protest committee is able to assemble the parties to a hearing before the protest or redress time limit, it may begin the hearing and may waive the requirements of rule 61.2 or 62.2.
3. The US Sailing prescriptions to rules 63.2 and 63.4 are deleted.
4. Rule 63.5 is changed to: ‘At the beginning of the hearing, if there is no objection, the protest or request is valid and the hearing shall be continued. If an objection is made, the protest committee shall take any evidence . . . [no further change].’
5. Insert a new sentence after the third sentence of rule 63.6: ‘However, the committee may limit the number of witnesses and the time during which parties may present evidence and ask questions.’
6. The first sentence of rule 65.2 is changed to: ‘A party to the hearing is entitled to receive the above information in writing, provided she asks the protest committee for it no later than thirty minutes after being informed of the decision or coming ashore following the last race of the day, whichever is later.’
7. The third sentence of rule 66 is changed to: ‘A party to the hearing may not ask for a reopening.’
8. Race Committee Protests - A member of the race committee or protest committee intending to protest a boat, following an incident that is observed in the racing area, may, at the first reasonable opportunity, inform the boat by making a sound signal, hailing "protest" and her sail number. The signaled boat may then take a penalty as available under RRS 44 (Changes RRS 61.1(b) and Appendix D1.2.d).