

Safety Inspection Checklist

Sailor's name: _____ Sail #: _____

Optimists that sail with JAYC must comply with all of the following:

- **Life-jacket:** USCG approved Type III PFD (non-inflatable), proper size, correctly worn that is in good working order
- **Whistle:** functional and attached to sailors life jacket
- **Painter:** the bow line must be all of the following:
 - At least 26' 3" long
 - Buoyant (made of polypropylene or other floating line blend)
 - At least 3/16" in diameter
 - Securely fastened around the mast step
 - Tied with a 4-6" bowline at the towing end
 - Led through a loop of line at the bow, not through the bow drain hole
 - Bow line should be free of chafe and all other knots, with no hardware
 - JAYC prefers (recommends but not requires) brightly colored bowlines
- **Mast tie-down:** there must be a line or mast clamp that is secure enough so no one can lift the boat by the mast without disengaging the mast from the mast step
- **Air bags:** three buoyant bags made of strong fiber reinforced material with non-return valves. Each must be properly inflated and secured to the boat
- **Dagger board:** securely attached to the boat with a lanyard
- **Rudder catch:** the rudder shall have a retaining device on so it will not detach from the boat during a capsize
- **Bailer:** at least one bailer (we recommend 2) with a minimum capacity of a ½ gallon, securely attached to the boat with a lanyard
- **Mainsheet bridle:** no more than 100mm (4 inches from the boom at any point. Mainsheet hook – covered and/or securely closed. The hook must have no chance of trapping a line that drags across it
- **Paddle:** attached to the boat with enough line or shock cord to allow efficient use. We recommend a praddle-like version of the paddle

JAYC recommends but does not require:

- Working wind indicator, blade bag, sail bag, 3-5 extra sail ties

I have checked this Optimist today and it does _____ does not _____ comply with the required safety standards listed above.

JAYC representative _____ date: _____

Sailor: _____ date: _____