



2020-2021 Frostbiting Series

American Yacht Club

Rye, NY

Sailing Instructions

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2017-2020.
- 1.2 Competitors shall wear personal flotation devices at all times while afloat, except briefly while changing or adjusting clothing or personal equipment. This changes rule 40.
- 1.3 RRS Appendix U “AUDIBLE-SIGNAL RACING SYSTEM” will be used, modified to indicate a combined Warning/Preparatory signal at 2 minutes before the start.
- 1.4 No boat shall leave the dock before a safety boat is underway and heading towards the racing area or without the express permission from the Sailing Director or Frostbite Committee Chair.
- 1.5 When racing is abandoned for the day or abandoned with further signals ashore, all competitors shall promptly return to the dock and secure their boat.
- 1.6 The Following Rules will be changed:
 - a. The following is appended to RRS 1.1:
When a boat is capsized or swamped or a boat is experiencing a problem, which results in a risk of capsizing or swamping, and there is no safety boat in the immediate vicinity, that yacht shall be deemed to be “in danger.”

- b. The following is appended to RRS 23:
A boat shall be deemed to be "aground" if it has fouled a winter stake or its ground tackle, and a boat shall be deemed to be "capsized" if it has been disabled in such a way that its normal progress is abruptly altered by an equipment failure such as a dismasting or the loss of a centerboard, daggerboard, or rudder.
- c. RSS 62.1(b) is modified as follows:
injury, capsize, or physical damage because of the action of a boat that was breaking a rule of Part 2 or of a vessel not racing that was required to keep clear;
- d. In the definition Zone the distance is changed to two hull lengths.

2 NOTICE TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the door to the JAYC House. Notices may also be emailed to the current AYC Frostbiting email list.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1230 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4 SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed at JAYC House.

5 SCHEDULE OF RACES

5.1 First warning signal is scheduled for 1330 each day.

5.2 The first warning signal shall not be postponed later than 1430.

6 RACING AREA

Races shall take place inside and just outside Milton Harbor.

7 COURSES

7.1 The Course may be either Course A or Course B, which are windward-leeward, once or twice around as described in Exhibit A. The windward mark shall be rounded to port. If a leeward

gate is present it shall be rounded as such, and in the absence of a gate the leeward mark shall be rounded to port.

7.2 The race committee will signal either Course A or Course B orally.

7.3 The race committee will signal a twice around course either orally and/or by hoisting the #2 pennant.

7.4 The race committee may also announce a “special course” orally.

8 MARKS

Rounding marks, starting marks, and finishing marks shall be inflatable balls of assorted sizes and colors.

9 THE START

9.1 The start shall be between an orange flag on the signal boat and a start pin.

9.2 Starts shall occur in accordance with Appendix U, except it shall be a 2-minute sequence, and U3 shall be modified as follows:

<i>Long-long:</i>	Warning/Preparatory - 2 minutes to start
<i>Long-3 short:</i>	1 minute 30 seconds
<i>Long:</i>	1 minute to start
<i>3 shorts:</i>	30 seconds
<i>2 shorts:</i>	20 seconds
<i>1 short:</i>	10 seconds
<i>1 short</i>	For each second 5 through 1
<i>1 long:</i>	START

10 THE FINISH

10.1 The finishing line will be between a staff displaying a blue flag on the signal boat and the finishing mark.

10.2 If the Race Committee has announced a “special course” it shall announce the location and definition of the finish line at that time.

10.3 The Race Committee may assign a boat that has started but not fully sailed the course or finished, a finish position. This changes RRS 35, A4 & A5.

11 PENALTY SYSTEM

RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

12 TIME LIMIT

12.1 There is no time limit for boats to finish.

13 PROTESTS

13.1 A boat intending to protest or request redress based on an incident in the racing area that she is involved in or sees shall, at the first reasonable opportunity after she finishes, inform the race committee at the finishing line of her intent to protest or request redress and, when applicable, the identity of the protestee. This changes RRS 61.1(a).

13.2 The protest time limit shall be 30 minutes from the time the last boat finishes the last race of the day.

13.3 Protests and requests for redress do not need to be in writing, this changes RRS 61.2 and 62.2.

13.4 Protests will be heard in the AYC Clubhouse or JAYC House immediately after racing.

13.5 To allow for “open” protest hearings, observers who are not witnesses are invited to attend hearings, unless otherwise decided by the protest committee.

14 SCORING

14.1 One race is required to be completed to constitute a series.

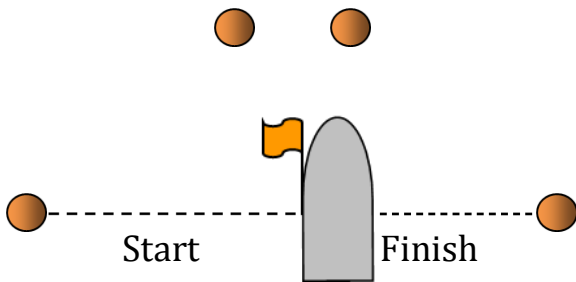
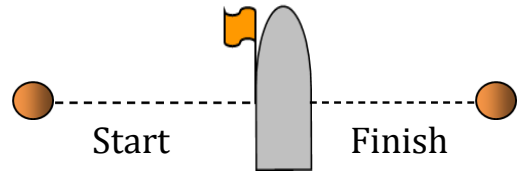
Exhibit A

Course "A"

● ← Laser Mark

● ← Cook 11 Mark

Course "B"



<p>Once around: Start/Windward/Finish Twice around: Start/Windward/Gate/Windward/Finish</p>	<p>Once around: Start/Windward/Gate/Finish Twice around: Start/Windward/Gate/Windward/Gate/Finish</p>
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