



COMMODORE'S CUP
Drake H. Sparkman III Memorial Trophy
Yacht Racing Assoc. of Long Island Sound
July 29, 2018
Organizing Authority: American Yacht Club
Rye, NY



SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing, the PHRF 2018 Regulations and Minimum Equipment and Safety Recommendations (Category C) as administered by the Yacht Racing Association of Long Island Sound ("YRALIS") and available at www.yralis.org, except as any of these are changed by the sailing instructions.
- 1.2 RRS Appendix T "ARBITRATION" shall apply.
- 1.3 The regatta is open to clubs that are members of YRALIS. Each club may send one boat and each boat must have a current PHRF certificate.
- 1.4 Each boat must be helmed by a current or former Commodore, Vice Commodore or Rear Commodore (together a "Flag Officer") of the club it represents. If the boat is helmed by a former Flag Officer, that person must currently be a member of the club the boat represents.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the American Yacht Club ("AYC") website (www.americanyac.org) and will also be announced on VHF 71 at 1100.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the AYC race committee bulletin board and on the AYC website by 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect. Changes will also be announced on VHF 71 at 1100.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the main flagpole of AYC and announced on VHF 71. Competitors not in sight of the flagpole may hail the race committee on the same channel.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 1 hour' in the race signal AP.

5 SCHEDULE OF RACES

- 5.1 Date of racing: Sunday, July 29, 2018.
- 5.2 The scheduled time of the warning signal for the first race is 1155.
- 5.3 The race committee intends to run multiple races with subsequent races starting after the conclusion of the prior race.
- 5.4 The awards ceremony will be held shortly after racing at AYC.

6 CLASS FLAGS

All boats will race in a single class. Each boat shall fly the burgee of the club it represents on its backstay.

7 RACING AREA

The racing area will be the waters off of Milton Harbor, Rye, NY.

8 THE COURSE

- 8.1 Courses shall be Windward - Leeward and will be designated by a single digit indicating the number of legs to be sailed, leaving the race committee boat to starboard at the start and finish. The leeward mark, if used, will be located approximately 200 yards to windward of the starting line.
- 8.2 The race committee signal board (sample illustrated below) will display (a) the Course (b) Class (c) approximate Range to the first mark in nautical miles; and (d) approximate Bearing to the first mark.

| Course | Class | Range | Bearing |
|--------|-------|-------|---------|
| 4 | 1 | 1. | 2 |
| | | 5 | 1 |
| | | | 5 |

9 MARKS

- 9.1 Initial rounding marks will be yellow tetrahedrons.
- 9.2 New rounding marks, as provided in instruction 12.1, will be orange tetrahedron.
- 9.3 The starting and finishing marks will be a race committee boat at the starboard end and an orange tetrahedron at the port end.

10 THE START

- 10.1 The starting line will be between a staff displaying an orange flag on the race committee boat at the starboard end of the line and an orange tetrahedron at the port end.
- 10.2 A boat starting later than 10 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes rules A4 and A5.

11 RECALLS / VHF BROADCASTS

- 11.1 The race committee will use VHF 71 during racing and will use that channel to announce its intentions. The race committee will respond only to emergency calls.
- 11.2 The race committee will endeavor to hail sail numbers of OCS boats, including by broadcast on VHF 71. Failure of a boat to hear a hail or the timing of a hail will not be grounds for redress. This changes rule 62.1(a).

12 CHANGING THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (orange tetrahedron) or move the finishing line and remove the original mark (yellow tetrahedron) as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark (yellow tetrahedron).

13 THE FINISH

- 13.1 The finish line will be between a staff displaying an orange flag on the race committee boat and an orange tetrahedron.
- 13.2 If the race committee intends to start another race on the same day, it will display the Second Substitute (without sound) while boats are finishing.

14 TIME LIMIT

- 14.1 The time limit for the first boat to finish in a class will be 2 1/2 hours.
- 14.2 Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored "Time Limit Expired" (TLE) without a hearing. This changes Rules 35, A4, and A5.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 RRS 61 is changed to include the following: At any time after the incident up to and including immediately after finishing, a protesting boat shall notify the race committee over the racecourse VHF channel of her intent to protest, which shall include the identity of the boat(s) she intends to protest. The race committee will identify all protests for that race received by the race committee by broadcast over the race course VHF channel. Broadcasts will commence approximately 5 minutes after the first boat has finished and will be repeated at approximately 15-minute intervals until the last boat has finished. These broadcasts are a courtesy only. Failure of the race committee to make such broadcasts or a competitor to hear such broadcast shall not be grounds for redress. This changes RRS 62.1(a).
- 15.2 At the first opportunity during, or immediately after, a race, a boat that took a Two-Turns Penalty shall report that to the race committee on VHF 71, identifying the other boat(s) involved. This changes rule 44.2.
- 15.3 Protest forms will be available at the front desk of AYC. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.4 The protest time limit is 1 hour after the race committee docks at AYC.
- 15.5 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at AYC as soon as possible.
- 15.6 Only the Flag Officer or former Flag Officer who helmed a boat may represent that boat in an arbitration or protest hearing, this changes 63.3(a).

16 SCORING

- 16.1 Scoring will use the Low Point System with no races discarded.
- 16.2 Boats will be scored using their current PHRF rating and the course distance as determined by the race committee. A boat may not request redress based on the course distance used for scoring.
- 16.3 One race is required to be completed to constitute a series.
- 16.4 Boats that were scored TLE as defined in 14.2 will be scored 2 points more than the number of finishers, but not more than DNF. This changes Rules 35, A4, and A5.

17 SAFETY REGULATIONS

- 17.1 Prior to the day's first warning signal, each boat shall sail by the stern of the race committee on starboard tack to check-in.
- 17.2 A boat that retires from a race shall notify the race committee as soon as possible by radio on VHF 71 or by telephone at (914) 967-4800 (AYC - ask for Marine Department).

18 RADIO COMMUNICATION

- 18.1 Each boat shall carry a radio capable of transmitting and receiving VHF 16 and 71.
- 18.2 Except in an emergency or to report a protest or withdrawal, or as otherwise provided herein, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones and other electronic communication.
- 18.3 A boat shall not communicate by radio with commercial craft, except in an emergency. Failure to comply with this instruction may result in a rule 2 hearing against the offending boat.

19 PRIZES

The winner will be awarded the Drake H. Sparkman III Memorial Trophy.

20 NAVIGATION RULES

All boats are cautioned to observe the Navigation Rules of the Road and to yield right of way to vessels restricted in their ability to maneuver, especially to tugs and barges. Any boat observed to impede such traffic may be protested by the race committee.

21 DISCLAIMER OF LIABILITY/RESPONSIBILITY FOR SAFETY

By participating in this event and any related activity sponsored or undertaken by American Yacht Club, the owner, helmsman and each crew member agree: that they understand that sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis and death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility and at their own risk, see RRS 4 "Decision to Race"; that American Yacht Club and its officers, trustees, members, committees, employees, agents and sponsors will not be responsible for damage to any boat or other property, or to any participant, including injury or death; and that each of them releases and waives all claims which he or she, or any heir, representative, successor or assignee, may have against American Yacht Club and its officers, trustees, members, committees, employees, agents and/or sponsors, arising out of or in any way connected with participation in such race or activity. Assistance,

