

American Yacht Club Women's Invitational Team Race Regatta

June 29-30, 2019

Organizing Authority: American Yacht Club (AYC)

Sailing Instructions

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*
- 1.2 Appendix D: Team Racing Rules and Appendix U: "AUDIBLE-SIGNAL RACING SYSTEM" will apply.
- 1.3 Class rules shall not apply. Crews shall be seated with legs inboard of the rail, upper body may lean outboard. Twings shall not be used to assist in jib trim. Shrouds shall not be used to assist in rolling the boat or hiking out.
- 1.4 The US Sailing Prescriptions to rule 63.2 and 63.4 shall not apply.
- 1.5 American Yacht Club Expedited Hearing Procedures, NOR Appendix A shall apply
- 1.6 PFDs shall be worn at all times while on the water except for brief periods while adjusting or changing clothing or on the change boat.

2 BOATS

Ideal 18s will be provided. Spinnakers shall not be used. Standing rigging shall not be adjusted, except by direction of the Organizing Authority (OA).

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the front porch of the American Yacht Club.

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

The OA will issue a VHF radio to each Team Leader as designated by each Team. It is the responsibility of the Team Leader to return the VHF to the OA PRO at the end of the regatta

The procedure to issue changes to the Sailing Instructions on the water is as follows: The Race Committee shall hoist code flag Lima with repeated short sound signals. It shall orally, and on the VHF, announce the change and repeat the oral and VHF announcement until such time as the Team Leader from each team has verbally acknowledged the change either orally or by VHF. Once each team has verbally acknowledged the change either orally or on the VHF, the Race Committee shall lower code flag Lima. This amends RRS Race Signals code flag Lima. The VHF channel shall be announced at the Competitor Briefing.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the main flagpole of the American Yacht Club.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5 SCHEDULE OF EVENTS

Friday June 28th	Registration and practice (<i>optional</i>)	1500
	Friday night sailing and BBQ (<i>optional</i>)	1800
Saturday June 29th	Registration, Coffee & Continental Breakfast	0830
	Competitors' Briefing	0900
	Scheduled time of first warning signal	1000
	Dinner	1830
Sunday, June 30th	Registration, Coffee & Continental Breakfast	0830
	Competitors Briefing	0900
	Scheduled time of first warning signal	1000
	Awards	Immediately following racing

6 VENUE

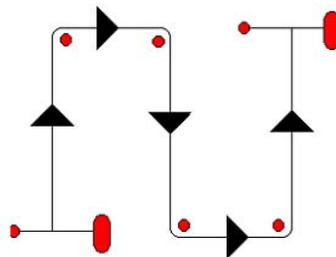
Racing will take place on Long Island Sound within the vicinity of the American Yacht Club in Rye, NY.

7 FORMAT

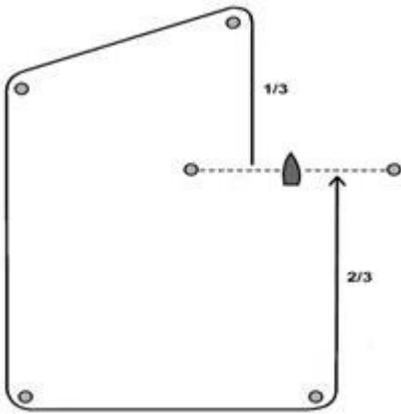
The planned format is multiple round robins amongst the teams. If time permits a knock-out stage may be run. The Principal Race Officer may change the format or terminate or eliminate any round, when conditions do not permit the completion of the intended format. The intended format, contingency formats, if any, and changes to the format may be given orally on the water according to the procedure outlined in 3. Notices to Competitors of these Sailing Instructions or in accordance with RRS

8 COURSE

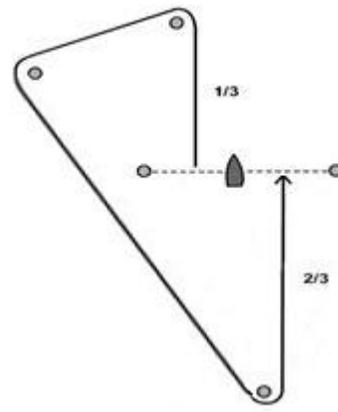
The course can be either: Digital N, Box Course, or Modified Triangle as diagramed below: The Race Committee shall make repeated short sound signals and announce the course to be sailed.



DIGITAL "N"



BOX COURSE



“T” – MODIFIED TRIANGLE

9 MARKS

Rounding marks will be orange hippity hops.

10 THE START

- 10.1 Races will be started in accordance with RRS Appendix U.
- 10.2 The start line will be between an orange inflatable mark on the port end and the orange flagged staff on the committee boat at the starboard end.
- 11.3 Flags in the colors of the teams starting shall be displayed with the warning signal and maybe announced verbally before the start.
- 11.4 There will potentially be an orange inflatable mark attached to the stern of the committee boat which should be considered to be part of the committee boat

12 RECALLS

- 12.1 The race committee will endeavor to identify recalled boats by sail number using a loud hailer.
- 12.2 Failure of a boat to hear her recall notification and the order and timing of each such hail shall not be grounds for redress. This changes RRS 61.1.

13 CHANGE OF COURSE

The race committee may change a leg of the course that begins at a rounding *mark* by changing the position of the next mark (or the finishing line) without signaling. The next *mark* shall be in position before any boat begins that leg. This changes rule 33.

14 THE FINISH

The finish line for the digital N will be between an orange mark and the orange flagged staff on the committee boat. For the box course and the modified triangle course the finish line will be between an orange mark and the blue flagged staff.

15 TIME LIMIT

- 15.1 The time limit for each race will be 30 minutes. Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored Did Not Finish (DNF). This changes rule 35.
- 15.2 The decision to abandon a race may be communicated orally by the race committee. This changes rule 32.1 and race signals.

16 WITHDRAWAL

A boat that withdraws from a race or that does not intend to start a scheduled race shall notify the race committee at the first opportunity.

17 PROTESTS

It is the intent of the protest committee to hear all protests on the water directly after the race in question.

18 SCORING

18.1 Scoring will be in accordance with Appendix D.

18.2 One completed round robin shall constitute a completed series.

18.3 Rule D4.2(b) is deleted and replaced with the following:

When a round-robin stage is terminated, any round-robin in the series in which 100% of the full schedule of races has been completed shall be scored as complete; if fewer races have been completed, the round-robin shall not be scored, but may be used to break ties.

19 PRIZES

19.1 A Perpetual Trophy for the winning team and prizes for 1st, 2nd and 3rd shall be awarded upon completion of racing.

20 CONDUCT AND RESPONSIBILITY

20.1 The skipper shall be responsible for all actions of her crew or guests. In the event of a breach of conduct, sportsmanship, destruction of property or failure to comply with the request of any race officer, committee member or agent of the American Yacht Club, the skipper will be held responsible.

20.2 The American Yacht Club is not responsible and will not accept any liability for bodily injury, death or property damage suffered from any cause. Each participant, including the skipper and crew, participates in the regatta entirely at her own risk and waives any and all claims, including those arising from the negligence or lack of due care, which she may have against the American Yacht Club, its regatta committee, and its officer, trustees, committee members, members, agents, or employees. Responsibility for evaluating the wind, sea, and weather conditions rests with each participant as does responsibility for the safe conditions of the boat, including safety equipment and rigging. Assistance, if any from the regatta committee, other American Yacht Club vessels, or the AYC Safety and Rescue teams, from any personnel manning them, is entirely at the risk of the participant.

21 FURTHER INFORMATION

21.1 For further information please contact

Event Chairs

Carolyn Russell carolynhrl@gmail.com

Fiona Walsh fionarwalsh95@gmail.com

PRO

Sandison Weil sandison.weil@openlink.com +1 917 714 2561

Race Committee Co-Chairs: Rich Hult & Hilary Burt Davidson. aycrc@americanyc.org

SAILING INSTRUCTIONS APPENDIX A

Ideal 18s will be provided by the American Yacht Club and other clubs.

While all reasonable steps are taken to equalize the boats, variations will not be grounds for redress. This changes RRS 62.

1. Except in an emergency or in order to prevent damage or injury, or when directed by the Race Committee otherwise, the following are prohibited:
 - a) Any additions or alterations to the equipment supplied.
 - b) The use of any equipment for a purpose other than that intended or specifically permitted.
 - c) The replacement of any equipment without the sanction of the Race Committee or Event Chairman.
 - d) Moving equipment from its normal stowage position except when being used.
 - e) Perforating sails, even to attach tell tales.
 - f) Adjusting or altering the tension of standing rigging.
 - g) Marking directly on the hull or deck with permanent ink.
 - h) Only one set of sails shall be used unless a substitution is authorized by the Race Committee.
 - i) Spinnakers shall not be used. Spinnaker poles and/or whisker poles shall not be used.
 - j) Barber haulers shall not be used.
 - k) Mainsheets may be doubled-up but not singled-up.
2. The Ideal 18 fleet will race under a full main and jib sail plan as the conditions allow. If the conditions make it unsafe to sail with the full sail plan, two additional sail plans may be signaled from the starting boat dictating the sail plan to be used for the upcoming race as follows:
 - a) Signal flag Romeo:  reefed mainsail and full jib.
 - b) Signal flag Juliet:  reefed mainsail with jib furled upwind and unfurled downwind.
 - c) The decision of which sail configuration to be used will be made by the Race Committee, and will be made before the warning signal for that race providing teams adequate time to reef or unreef mainsails. Teams will be notified of this decision by a series of horn blasts prior to the display of team flag signals for the next race.
3. Competitors may take on board: sponge or bailer, tell tales, one spare shackle, clevis pin and ring ding, tape, PFDs and personal gear.
4. Every effort shall be made to avoid damage to hulls, rigging or sails. All skippers will be required to provide a \$500.00 damage deposit at registration. If the Race Committee or the Event Chairman determines that the Right of Way skipper did not act appropriately to avoid a damage-causing collision, the cost to repair the damage may be divided between the two skippers involved.
5. Competitors are responsible for inspecting their assigned boats for possible breakdown and/or missing equipment. Discrepancies must be resolved immediately by reporting to AYC Sailing Director or the Race Committee on the change dock.
8. Immediately after finishing a race, competitors shall report any damage, breakdown, or loss of equipment to the Race Committee and/or to AYC Sailing Director.
9. Boats shall make all efforts to observe USCG navigational markers at all times.