



2019-2020 Frostbiting Series

American Yacht Club

Rye, NY

Sailing Instructions

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 Competitors shall wear personal flotation devices at all times while afloat, except briefly while changing or adjusting clothing or personal equipment. This changes rule 40.
- 1.3 RRS Appendix U “AUDIBLE-SIGNAL RACING SYSTEM” will be used, modified to indicate a combined Warning/Preparatory signal at 2 minutes before the start.
- 1.4 No boat shall leave the dock before a safety boat is underway and heading towards the racing area or without the express permission from the Sailing Director or Frostbite Committee Chair.
- 1.5 When racing is abandoned for the day or abandoned with further signals ashore, all competitors shall promptly return to the dock and secure their boat.
- 1.6 The Following Rules will be changed:
 - a. The following is appended to RRS 1.1:
When a boat is capsized or swamped or a boat is experiencing a problem, which results in a risk of capsizing or swamping, and there is no safety boat in the immediate vicinity, that yacht shall be deemed to be “in danger.”

- b. The following is appended to RRS 23:
A boat shall be deemed to be "aground" if it has fouled a winter stake or its ground tackle, and a boat shall be deemed to be "capsized" if it has been disabled in such a way that its normal progress is abruptly altered by an equipment failure such as a dismasting or the loss of a centerboard, daggerboard, or rudder.
- c. RRS 62.1(b) is modified as follows:
injury, capsize, or physical damage because of the action of a boat that was breaking a rule of Part 2 or of a vessel not racing that was required to keep clear;

2 NOTICE TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located on the door to the JAYC House. Notices shall also be emailed to the current AYC Frostbiting email list.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1230 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4 SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed at JAYC House.

4.2 The first warning signal shall not be postponed later than 1430.

5 SCHEDULE OF RACES

5.1 First Warning signal is scheduled for 1330 each day.

5.2 Practice Day: November 3, 2019

5.3 Fall Series:

November 10, 17, 24

December 1 – Turkey Distance Race (part of Sunday racing)

December 8, 15

December 22 – Under 25 Regatta (part of Sunday racing)

Winter Series:
December 29
January 5, 12, 19, 26
February 2, 9

Spring Series:
February 16, 23
March 1, 8, 15, 22, 29

5.4 Women's Cook 11 Regatta (not included in overall scoring) is on December 14.

5.5 Cook 11 East Coast Championships (Saturday racing is not included in overall scoring) is on March 28.

6 RACING AREA

Races shall take place inside and just outside Milton Harbor.

7 COURSES

7.1 The Course shall be either Course A or Course B, which are windward-leeward, once or twice around as described in Exhibit A. The windward mark shall be rounded to port. If a leeward gate is present it shall be rounded as such, and in the absence of a gate the leeward mark shall be rounded to port.

7.2 The race committee will signal a twice around course either orally and/or by hoisting the #2 pennant.

7.3 The race committee may also announce a "special course" orally.

8 MARKS

Marks shall be inflatable balls of various sizes and colors.

9 THE START

9.1 The start shall be between an orange flag on the signal boat and a start pin.

9.2 Starts shall occur in accordance with Appendix U, except it shall be a 2-minute sequence, and U3 shall be modified as follows:

<i>Long-long:</i>	Warning/Preparatory - 2 minutes to start
<i>Long-3 short:</i>	1 minute 30 seconds
<i>Long:</i>	1 minute to start
<i>3 shorts:</i>	30 seconds
<i>2 shorts:</i>	20 seconds
<i>1 short:</i>	10 seconds
<i>1 short</i>	For each second 5 through 1
<i>1 long:</i>	START

10 THE FINISH

10.1 The finishing line will be between a staff displaying an orange flag on the finishing mark at the starboard end and the course side of the port-end finishing mark.

10.2 If the Race Committee has announced a “special course” it shall announce the location and definition of the finish line at that time.

10.3 The Race Committee may assign a boat that has started but not fully sailed the course or finished, a finish position. This changes RRS 35, A4 & A5.

11 PENALTY SYSTEM

RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

12 TIME LIMIT

12.1 There is no time limit for boats to finish.

13 PROTESTS

13.1 A boat intending to protest or request redress based on an incident in the racing area that she is involved in or sees shall, at the first reasonable opportunity after she finishes, inform the race committee at the finishing line of her intent to protest or request redress and, when applicable, the identity of the protestee. This changes RRS 61.1(a).

- 13.2 The protest time limit shall be 30 minutes from the time the last boat finishes the last race of the day.
- 13.3 Protests and requests for redress do not need to be in writing, this changes RRS 61.2 and 62.2.
- 13.4 Protests will be heard in the AYC Clubhouse or JAYC House immediately after racing.
- 13.5 To allow for “open” protest hearings, observers who are not witnesses are invited to attend hearings, unless otherwise decided by the protest committee.

14 SCORING

- 14.1 One race is required to be completed to constitute a series.
- 14.2 ***Daily Scoring***
The Low Point System as defined in Appendix A4 shall be used for daily scoring. In Rule A4.2, “number of boats entered in the series” is deleted and replaced with “maximum number of boats that started any race during that day”. Only for daily scoring, the term “series” shall be defined as all races completed that day. A boat’s series score will be the total of her race scores.
- 14.3 ***Series Scoring***
Participation in at least 50% of official races sailed is required to qualify for a series. To qualify for the season, a skipper must sail at least 50% of the races sailed during the season. All races started must be counted except that a boat may have a score eliminated if redress is granted.
- 14.4 ***Co-Skippers***
Two married co-owners of the same boat may elect to be scored as one skipper for the qualification and series scoring calculations by combining race scores. This election must be made prior to the first day of racing each season and must be approved by the Frostbite Chairman.

14.5 ***Calculating Series Percentages***

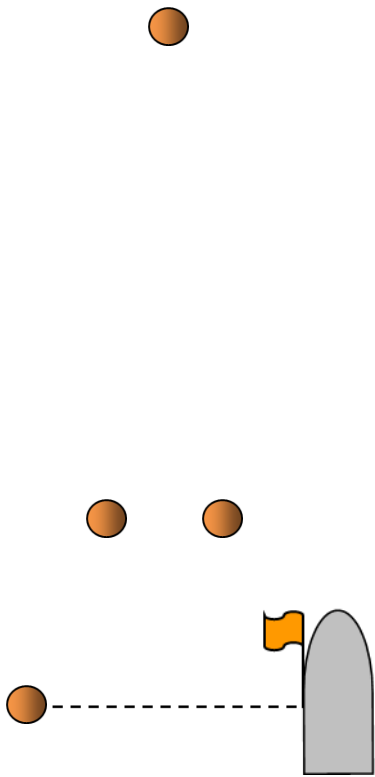
1. For each race started on a particular race day, a skipper has a PS (Points Scored), which is their finishing position, and a PPR (Possible Points for that Race) which is the maximum number of boats that started any race during that day plus one point, under the low-point system.
2. At the end of a Series, add a skipper's PS's and separately add their PPR's to get the Series totals. From the total PS deduct one point for each race started to get the skipper's CPS (Corrected Points Scored).
3. Divide the CPS by the total PPR to get a low percentage. Subtract this from 1.000 to arrive at the skipper's high series percentage.

14.6 ***Race Committee Duty and Winter Cruise***

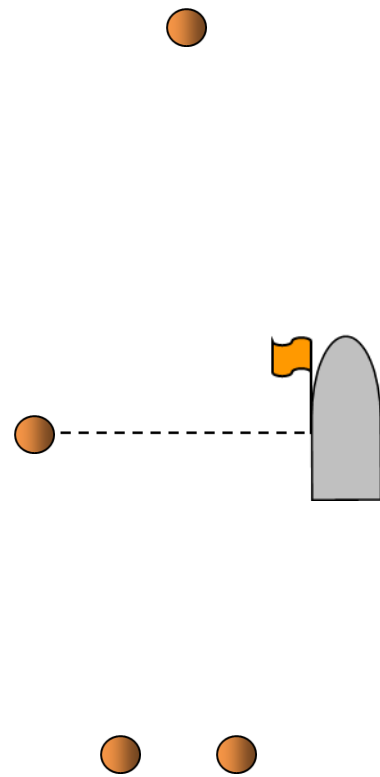
For purposes of qualification, for both a series and a season, a participant who is acting as, or assisting, the Race Committee or an AYC member who attends the AYC Winter Cruise over Presidents Day weekend will be counted as having sailed on that day in each of the races sailed. The participant's score will not be affected.

Exhibit A

Course "A"



Course "B"



<p>Twice around: Start/Windward/Gate/Windward/Finish</p>	<p>Once around: Start/Windward/Gate/Finish Twice around: Start/Windward/Gate/Windward/Gate/Finish</p>
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